

# Regeneration Corps

Please contact us at [regenerationcorps@gmail.com](mailto:regenerationcorps@gmail.com) to request accommodations.

Face coverings are required at Regeneration Corps events:

- Inside any building where 6 feet of distance from others cannot be maintained at all times (e.g. common areas, hallways, stairways, elevators, classrooms, break rooms, restrooms, etc.)
- Outdoors in busy areas
- Whenever you are interacting with another person indoors or outdoors
- When riding in a vehicle with another person

Face coverings are not required if:

- You are inside a private office or single-occupancy workspace to which you can close the door
- You are taking a break to eat or drink and can maintain 6-foot distance from other people
- You are working in a building where access is controlled and you can remain at least 6 feet away from people at all times
- You are working outdoors and can remain at least 6 feet away from other people at all times

## How To Use A Face Covering

<b>Do:</b>	<b>Don't:</b>
✓ Wash your hands before and after handling your face covering	✗ Touch the outer layer of your face covering while wearing it
✓ Remove your face covering by the ear loops or ties	✗ Remove your face covering by outer layer
✓ Remove your face covering completely to eat or drink	✗ Pull your face covering down to eat, drink, or talk to other people
✓ Store your face covering in a bag, on a clean sheet of paper, or on a paper towel when not in use	✗ Leave your face covering on counters, computers, or other unprotected surfaces
✓ Change your face covering if it gets dirty, wet, or damaged	✗ Keep wearing your face covering if it becomes dirty, wet, or damaged
✓ Bring more than one face covering with you to work	✗ Wear a face covering that only covers your mouth and leaves your nose exposed
✓ Launder or throw away your face covering at the end of the day	✗ Reuse a face covering for multiple days without washing it

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**DON'T WEAR MASK LOOSELY  
WITH GAPS ON SIDES.**



DON'T WEAR BELOW NOSE



DON'T LEAVE CHIN EXPOSED



DON'T COVER JUST TIP OF NOSE



DON'T PUSH UNDER CHIN



**BUT DO THIS**





Wear your mask so it comes all the way up, close to the bridge of your nose, and all the way down under your chin. Do your best to tighten the loops or ties so it's snug around your face, without gaps.

## Examples of Acceptable Face Coverings

In order to comply with this guidance, your face covering must:

- Be secured with ear loops or head ties
- Fit snugly and comfortably around your face
- Cover your nose and mouth
- Allow you to breath normally without restriction.
- If using a cloth face covering, it must able to be machine washed and dried without changing the shape or damaging the material
- NOT have any valves that allow exhaled air through the face covering without being filtered

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Mask Type	
<p data-bbox="186 730 435 762"><i>Surgical-style masks</i></p> 	<ul data-bbox="691 751 1511 898" style="list-style-type: none"><li>• These masks are disposable and should not be laundered.</li><li>• They should be thrown away after use or if they become wet, dirty, or damaged.</li></ul>
<p data-bbox="186 1018 435 1050"><i>Cloth face coverings</i></p> 	<ul data-bbox="691 1060 1533 1228" style="list-style-type: none"><li>• CDC Guidelines on how to make masks <a href="https://www.cdc.gov/coronavirus/2019-ncov/prevent-getting-sick/how-to-make-cloth-face-covering.html">https://www.cdc.gov/coronavirus/2019-ncov/prevent-getting-sick/how-to-make-cloth-face-covering.html</a></li><li>• Cloth face coverings must be laundered at home after use</li></ul>
<p data-bbox="186 1360 435 1392"><i>Dust or paper masks</i></p> 	<ul data-bbox="691 1388 1511 1612" style="list-style-type: none"><li>• These are available for purchase at home improvement or hardware stores.</li><li>• Dust or paper masks are disposable and should not be laundered.</li><li>• They should be thrown away after use or if they become wet, dirty, or damaged.</li></ul>
<p data-bbox="186 1675 391 1707"><i>N-95 Respirators</i></p> 	<ul data-bbox="691 1730 1533 1877" style="list-style-type: none"><li>• N-95 respirators should be used by professional health care workers and others who are performing jobs that are at high risk of COVID-19 exposure</li></ul>



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## Important Information

Please read before entering a volunteer project site



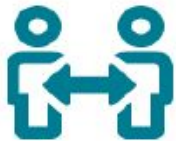
Self-check for COVID-19 symptoms before entering work space. Do not enter if symptomatic.



Wash your hands with soap and water for at least 20 seconds before entering and leaving this space. Sanitize your hands after touching shared items.



While in this space, wear a face covering when in close proximity to others.



Stay at least 6 feet (about 2 arms' length) from other people.



Clean and disinfect frequently touched surfaces (tools, tables, cooler lids, vehicle doors and steering wheels, etc.)



Please work in groups of 10 or fewer. Do not enter this space when maximum occupancy is achieved.